



Cardiff Outdoor Group April 2019 Programme



Walking

Back-packing

Weekends away

Social evenings

Wednesday 3rd

City Centre Social Evening – by train, bus or bike, whichever way you travel to the city centre, join Darren for a pint, something to eat or just the convivial company of your fellow COGs at Yates, Greyfriars Road, from 7pm onwards. **For further information, contact Darren on 07867 556501.**

Sunday 7th

Llanwynno and Cwm Clydach •• 11 miles Total ascent of 1200ft. Starting opposite the church in Llanwynno (postcode CF37 3PH, NGR 030 956). Walk mostly on forestry tracks. BPL. Options for a drink at end of walk at the excellent Brynffynnon Hotel. **Contact Roger on 07899 284 153.**

Wednesday 10th

Evening Coastline Walk and visit to the Boat House at Sully As the evenings draw out this is a good opportunity to take in the sea air before visiting this contemporary café bar, which has opened on the site of the old Sully Inn, for drinks and maybe a light meal. Meet in the layby outside Sully Church at 7pm. We will arrive at the Boat House at about 8pm. **Contact Sian on 07788 581 605.**

Sunday 14th

Tredegar and our Industrial Heritage •• 9.5 miles A circular route with no difficult ascents. Along the route we will find out about Tredegar's rich history through a series of stainless steel artworks celebrating the men and women who helped to shape the town. Starting from the car park next to Bedwellty House, Tredegar NP22 3NA at 10am. BPL. **Contact Josie on 07734 445 144.**

Friday 19th –
Monday 22nd

Easter at Portland YHA Details to follow

Thursday 25th

Evening Walk around Bute Park Make the most of the spring evening and join Katherine T in a pleasant and companionable walk around Bute Park followed by a quiet drink to end the evening. Meet outside the Brewhouse Kitchen (formerly the Mochyn Du) in Sophia Gardens at 6.20pm. **For further details, contact Katherine on 02920 881 572 or email katherinet248@gmail.com.**

Sunday 28th

In and above the Honddu Valley, Black Mountains ••/••• 11 miles Starting from the Priory, we head up the valley as far as Capel-y-ffin, then climb up on the ridge and follow the high ground back, walking down the dramatic Cwm Bwchel valley to get back to our starting point. Meet at Chapter for a 09:30 departure. BPL. **Contact Darren for more details 07867 556 501.**



New members always welcome to come along.
See our website: www.cardiffoutdoorgroup.wordpress.com