



Cardiff Outdoor Group February 2019 Programme



Walking

Back-packing

Weekends away

Social evenings

Sunday 3rd

Allt yr Yn and Mescoed Mawr Walk •• – Moderate 7 miles with quiet lanes, woods, fields, a canal, 2 golf courses, a nature reserve and the view from Allt yr yn. Teashop at finish. Leave Chapter at 9.30am. 14 Locks Visitor Centre (NP10 9GN. OS Grid Ref: ST 279 886) at 10am. M4 to Junction 27. North on B4591 for half a mile. Then turn right at brown Visitor Centre sign. BPL. **Contact Martyn on 01633 257632 or 07773 710787.**

Friday 8th

Chinese Meal at the Summer Palace Join Jenny and Jeanette for a celebration of the Chinese New Year at the Summer Palace restaurant, Llandaff. Meet at 7pm in the Butchers' Arms or 7.30pm in the restaurant. **Contact Jenny by 1st February to book your place on 07983 402 780.**

Sunday 10th

Celebrating the end of Severn Bridge Tolls •• 5.5 miles The walks starts at the Boar's Head Aust BS35 4AX just the other side of the river. Parking in village. Refreshments in Littleton upon Severn at the end. **For more detail contact Jenny on 07968 603 811**

Wednesday 13th

Mid-week Get Together at Central Bar Darren will be upstairs at the Central Bar, 39 Windsor Place (Wetherspoons) from 7.30pm and would be glad to share the convivial company of other members for a bite to eat and a drink or two. **Contact Darren on 07867 556 501.**

Sunday 17th

Llandaff to Pontcanna Fields Walk • 5 miles A circular walk taking in Llandaff, Pontcanna Fields and Bute Park with a possible coffee break at either the WCMC or a café in the park before returning to Llandaff for lunch at the Black Lion. Meet at the cross in Llandaff at 10am. If you would like to book lunch please book a place by Saturday 9th February by **contacting Bob N 07780 701 365.**

Family walk from Merthyr Tydfil •• 7 miles A fantastic walk visiting both town and country. Calling at Cyfarthfa ironworks, Vaynor Church and Morlais Hill. Start from Cyfarthfa Castle car park at 10:45 (SO 041 073) or meet at Chapter at 10am. **Contact Lawrence on 07435 561 663**

Weds 20th

Penarth Sky and Seascape Evening Walk Meet at 7.30pm outside the Bear's Head, Windsor Road Penarth, we will make our way down to Penarth's Edwardian promenade to view this magical coastline by starlight. We will then head up past the Kymin to take in magnificent views of Cardiff and Bristol Channel from Penarth Head before returning to the Bear's Head for refreshments and maybe a meal. **Contact Sian on 07788 581 605.**

Sun 24th

Cistercian Way to Penrhys •• 9 miles Pontypridd to Rhondda Fach and the sacred shrine of Penrhys, passing Ynysybwl, Twyn y Glog hill, St Gwynno church with its medieval stone crosses and the remains of the medieval settlement of Carn-y-wiwer. BPL but possible pub stop at the Brynffynnon Hotel. Possibility of accessing this walk by train, more details nearer the time. **Contact Sue on 07830 649498 for more details.**



New members always welcome to come along.
See our website: www.cardiffoutdoorgroup.wordpress.com

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YHA