



Cardiff Outdoor Group August 2018 Programme



Walking

Back-packing

Weekends away

Social evenings

- Weds 1st August** **Mid-week get together** Come along for a drink or meal at Wetherspoons' Central Bar. Meet from 7pm. **For more details contact Darren 07867 556501.**
- Sunday 5th** **A Bird's Eye View of Llangorse Lake •• 13 miles**, 2,700 feet of ascent. Walk starts from Llangorse Lake café, climbing Allt yr Esgair and Mynydd Troed. BPL. For car share meet at Chapter 09:00, walk leader will meet you at start of walk NOT Chapter. Car share drivers please text on **07899 284153** to advise of setting off. **Contact Roger and Rachel.**
- Weds 8th** **Social evening – meal in Cardiff** Details to follow nearer the time. **Contact Bob on 07780 701365.**
- Sunday 11th** **Coombe Dingle, Blaise Castle and Kingsweston •• 9 miles** Through woods and parkland and along the River Trym in Bristol. Unconfirmed rumours of a café stop along the way. Catching 09:30 train from Cardiff Central to Bristol Temple Meads and then local train to Seamills. **Contact Jane O, j.ormrod@live.co.uk, 07539 339896.**
- Sunday 19th** **Bryn and Ysgryd Fach •• 11 miles** Starting SE of Abergavenny we walk along the banks of the river Usk, leaving the river at Bryn, walking across gently undulating fields towards Ysgryd Fach (Little Skirrid). This overlooked hill provides lovely views of the surrounding countryside. BPL. Meet at Chapter for 09:30 departure. **Contact Darren 07867 556501.**
- Tuesday 21st** **Evening walk - Cardiff Bay and Barrage Skyscape** Meeting at the Norwegian Church we will cross the barrage. And as the sun goes down, we will hopefully enjoy a stunning late summer's evening skyscape on this relaxed evening walk. We can then make our way to the Mount Stuart (Wetherspoons) for a drink and maybe a bite to eat. Meet outside the Norwegian Church, CF10 4PA, for 7pm start. **Contact Sian 07788 581605.**
- Friday 24th**
Monday 27th **Broadhaven YHA bank holiday weekend** **FULLY BOOKED Contact Lyndon 07718 594707**



New members always welcome to come along.
See our website: www.cardiffoutdoorgroup.wordpress.com

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YHA